

## Health care provided in the comfort of your own home...

When you need help at home with medical treatment, such as intravenous (I.V.) medications, wound care, evaluation of your medical status (e.g., blood pressure, glucose level, or medication setup and monitoring), help with personal cares (such as bathing, foot care, or hair care), help with light house cleaning or meal preparation, help with errands or transportation to your doctor's appointment or the hospital, Northfield Home Care can help you.

Northfield Home Care is a combination of contemporary, professional, skilled health care services and old-fashioned caring. The staff has been carefully trained in the latest treatment techniques and they are always mindful that they are people caring for people.

When you call, someone will describe the services available, staff members, and charges so you'll understand exactly what is available and answer any questions that you may have. If you'd like, a staff member will design a personal plan of care for you—a plan that is designed to meet your specific needs.

The services of Northfield Home Care are available 7 days a week.

## Services available through Northfield Home Care...

**Nurses** — full nursing services are available

**Home Health Aides** —

Personal care

Bathing and hair care

Respite or short-term care

Help with daily living activities

**Homemaker Aides** —

Light house cleaning

Meal preparation

## Additional services available through Northfield Home Care...

**Dietitian**

**Social Worker**

**Therapist** —

Physical Therapy

Occupational Therapy

Speech Therapy

*(continued, over...)*

## **Lifeline...**

Lifeline is a personal emergency response system that works through your telephone to call for help at any time you may need it — 24 hours a day, 7 days a week.

You wear a small button around your neck so that, even when you cannot reach the phone, you simply push the button to send a call for help. The call unit includes a timer and will automatically call for aid, even if you are not able to use the help button.

Lifeline offers peace of mind and independence. For more information about Lifeline, please call Northfield Home Care.

## **Licensing...**

Northfield Home Care is licensed by the State of Minnesota, certified by Medicare, and accredited by the Joint Commission on Accreditation of Healthcare Organizations (J.C.A.H.O.)

## **Insurance...**

Northfield Home Care is certified by Medical and Medical Assistance. Northfield Home Care participates in Medica, MedCenters, Blue Cross/Blue Shield, Aware Gold, and other insurance programs.

*Northfield Home Care will do the insurance paper work for you!*

All of the services offered by Northfield Home Care are also available on a personal, private-pay basis.