

Meeting Minutes Record

Meeting: Board of Directors - Hybrid: In-Person/Virtual Meeting

Date: February 27, 2025

Location: Virtual Meeting

Start Time: 5:06pm

End Time: 6:59pm

Board Members Present: Michael Hemesath- Board Chair, Robert Morrison- Vice Chair, Sarah Carlsen, Rick Estenson (virtual), Crystal Mulvihill, Jami Reister, Fred Rogers (virtual), Jessica Peterson White

Staff Present: Zander Abbott- CEO, Jennifer Fischer- MD, Eric Guth- CFO, Betsy Spethman- Director of Community Relations (virtual), Kelly Lee (Recorder)

Others Present: Teresa Knoedler- Legal Counsel (virtual), Ben Martig- City Administrator

Guests: Anne Larson

Staff Absent: Tammy Hayes- COO, Jeff Meland- MD CMO, Lisa Bauer- CNE, Vern Loughheed- ITS

Call to Order and Approval of the Agenda

The board meeting was called to order by board chair, Michael Hemsath at 5:06 p.m.

Meetings take place in hybrid format. Board members that joined virtually were: Fred Rogers.

The locations of board members attending by electronic means were included in the public notice of the meeting.

Items on the consent agenda (available on the portal):

- Meeting minutes (approve)
 - Board meeting (January 30, 2025)
- Meeting minutes (accepted)
 - Budget & Finance Committee (January 21, 2025)

Action: Motion was made by Sarah Carlsen and seconded by Robert Morrison to approve the agenda and consent agenda as presented. With no board members participating virtually, a roll call was not performed. Motion carried.

Follow-up/Resolution: Closed.

Reports

Hospital Chief of Staff Report

Dr. Jennifer Fischer, presented the medical staff files for approval and was available for questions.

Action: no updated provided.

Follow-up/Resolution: Closed.

Approval of Applications for Medical Staff Membership/Privileges

The medical staff applications from the MEC Committee were present for approval.

Appointments:

- 4358: AH:I, Nurse Practitioner- Birth Center
- 4359: Telemedicine, Teleradiology
- 4156: Telemedicine, Teleradiology
- 4361: AH:D, Radiology
- 4362: Telemedicine, Tele-stroke
- 4363: Telemedicine, Tele-stroke
- 4364: Telemedicine, Tele-stroke
- 4365: Telemedicine, Tele-stroke
- 4366: Telemedicine, Tele-stroke
- 4367: Telemedicine, Tele-stroke
- 4368: Telemedicine, Tele-stroke

Reappointments:

- None

Provisional:

4222: Active, Hospitalist

4231: AH:D, Hospitalist

4244: Telemedicine, Tele-hospitalist

4186: AH:I, Anesthesia

4159: AH:I, Anesthesia

Action: A motion was made by Rick Estenson and seconded by Crystal Mulvihill to approve the medical staff files as presented. With no board members participating virtually, a roll call was performed. Motion carried.

Follow-up/Resolution: Closed.

Presentations/Action Items

Northfield Hospital Foundation

Julie Nikolai Sullivan and Anne Schumann presented an annual update on the NH Foundation.

- The purpose of the Foundation is to ensure that Northfield Hospital continues to thrive and is our local healthcare anchor.
- The Foundation helps NH+C exceed the normal boundaries of care for those touched by emergencies, illness, childbirth and end of life.
- Julie and Anne continue to bring awareness both with the employees and community of the work the Foundation is able to help with and how to help contribute by donating.
(<https://www.northfieldhospital.org/foundation>)
- In 2024, the Foundation was proud to provide some amazing life saving item from generous donors in support of patients and the community.

Action: Information Only.

Follow-up/Resolution: Closed.

Executive and Committee Reports

CEO Report

Zander Abbott, new president and CEO, reported on the following:

- Zander attended an amazing AHA conference with COO, Tammy Hayes, and board members Fred Rogers and Sarah Carlsen. Tammy had the privilege of being selected as a panelist to discuss “preserving Obstetric care in rural communities”.

Strategic Update:

- Zander, along with the administration team have been reviewing the 2025 strategic plan initial priorities. This will be discussed in closed session with board in April.
- The revenue team and project workgroup has been doing great work improving processes and ensuring that we are getting reimbursed for the care we provide. This work is very valuable and will continue as the year moves forward.

Operations:

- January was a high-volume month across all areas of NH+C.
- NH+C will be hosting the Midwest Regional Peer Group meeting for medical users of the Meditech EHR.
- NH+C will make 2025 market adjustments and provide an all staff increase along with reviewing what upcoming changes to the state FMLA benefits will entail.

Policy/Outreach

- Lots of uncertainty with the federal changes occurring.
- House budget resolution implies Medicaid cuts. We are following this closely.

Action: Information only.

Follow-up/Resolution: Closed.

Financial Report

Eric Guth, CFO, presented the January financial report.

January Key Drivers

- Clinic RVU's were 10% under budget.
- ED visits were 12% over budget.
- Births were 5% over budget.
- Surgeries were 8% over budget.

Financial Outcomes:

- Gross Operating Revenues were \$236K over budget.
- Deductions were \$449K under budget.
- Bad Debt was \$14K under budget.
- Net Revenues were \$686K over budget.
- Operating expenses were \$239K over budget.
- Net operating income was \$833K vs. a budgeted income of \$454K. (\$379K favorable to budget).

Action: Information only.

Follow-up/Resolution: Closed.

Roundtable, Announcements and Questions

- Zander Abbott, along with Sarah Carlsen and Fred Rogers shared their experience and learnings from the AHA Rural Conference in Texas in February.
- Board members discussed opportunities to advocate for healthcare items with local and state officials.

Action: Information only.

Follow-up/Resolution: Closed.

Adjourn

The meeting was adjourned at 6:59 p.m.

Action: A motion was made by Rick Estenson and seconded by Fred Rogers to adjourn the open meeting session. With board members participating virtually, a roll call was performed. Motion carried.

Follow-up/Resolution: Closed.