

Meeting Minutes Record

Meeting: Board of Directors - Hybrid: In-Person/Virtual Meeting

Date: August 28, 2025

Location: Meeting Room C

Start Time: 5:00pm

End Time: 7:25pm

Board Members Present: Michael Hemesath- Board Chair, Rick Estenson- Vice Chair (virtual), Katie Lane, Crystal Mulvihill, Jessica Peterson White, Jami Reister, Fred Rogers (virtual)

Staff Present: Zander Abbott- CEO, Jeff Meland- MD CMO, Jennifer Fischer- MD, Eric Guth- CFO, Lisa Bauer- CNE, Betsy Spethman- Director of Community Relations (Recorder)

Others Present: Teresa Knoedler- Legal Counsel

Guests: Anne Larson, Mayor Erica Zweifel

Board Members Absent: Sarah Carlsen

Staff Absent: Josh Salzman- COO, Kelly Lee (Recorder)

Others Absent: Ben Martig- City Administrator

Call to Order and Approval of the Agenda

Board Chair, Michael Hemesath called the meeting to order at 4:59 p.m.

Meetings take place in hybrid format. Board members that joined virtually were: Rick Estenson and Fred Rogers.

The locations of board members attending by electronic means were included in the public notice of the meeting.

Items on the consent agenda (available on the portal):

- Meeting minutes (approve)
 - Board meeting (July 17, 2025)
- Meeting minutes (accepted)
 - None
- Policies / Forms / Other (accepted)
 - Annual report on MN Attorney General Agreement on hospital's debt collections

Action: Motion was made by Katie Lane and seconded by Jessica Peterson to approve the agenda and consent agenda as presented. With board members participating virtually, a roll call was performed. Motion carried.

Follow-up/Resolution: Closed.

Reports

Hospital Chief of Staff Report

Dr. Jennifer Fischer available for questions.

Action: Information only.

Follow-up/Resolution: Closed.

Approval of Applications for Medical Staff Membership/Privileges

The medical staff applications from the MEC Committee were presented for approval.

Appointments:

4389: AH:I, NNP Emp 9/1 Start
4390: AH:I, NNP Emp 9/1 Start
4391: AH:D, PA-C Emp 9/1 Start Wound Care
4393: Telemedicine, Behavioral Health
4394: Telemedicine, Behavioral Health

Reappointments:

3470: Active, Family Medicine
3753: Active, Orthopedic Surgery
4001: Active, General Surgery
4231: AH:D, Hospitalist
3789: Active, OBGYN
3785: Affiliate, Family Medicine
4227: Active, OBGYN
4243: Telemedicine, Avel Tele hospitalist
4244: Telemedicine, Avel Tele hospitalist
4239: Telemedicine, Avel Tele hospitalist
4238: Telemedicine, Avel Tele hospitalist
4237: Telemedicine, Avel Tele hospitalist
4232: Telemedicine, Allina Tele stroke

Request for additional privileges:

- None

Action: Motion was made by Crystal Mulvihill and seconded by Jami Reister approved the medical staff files as presented. With board members participating virtually, a roll call was performed. Motion carried.

Follow-up/Resolution: Closed.

Presentations / Action Items

No presentation.

Action: None.

Follow-up/Resolution: Closed.

Executive and Committee Reports

CEO Report

Zander Abbott, new president and CEO, reported on the following:

- Shared a patient story that highlighted access and quality care and exceptional NH+C teamwork.
- NH+C received recognition of Becker's 100 Great Community Hospitals. We were the only MN hospital chosen this year.
- Provided updates given at the MHA conference.
- Welcome to Josh Salzman, NH+C's new COO. He is a great asset to the team and has hit the ground running.
- Provided updates on the strategic priorities. More strategic and budget planning will occur at the November board retreat in closed session.

Action: Information only.

Follow-up/Resolution: Closed.

Financial Report

Eric Guth, CFO, presented the July financial report.

Key Drivers

- Surgeries were 15% under budget.
- Imaging procedures were 22% over budget.
- Births were 32% over budget.

- CCIC procedures were 14% over budget.

Financial Outcomes:

- Operating loss of \$201k vs budgeted operating income of \$8k
- Volumes largely at or slightly above budget
- Discount rate favorable to budget
- Bad debt unfavorable to budget
- Expenses unfavorable to budget

Action: Information only.

Follow-up/Resolution: Closed.

Community Relations Committee (verbal report)

Crystal Mulvihill provided a verbal report on the most recent Community Relations Committee meeting.

Action: Information only.

Follow-up/Resolution: Closed.

Roundtable, Announcements and Questions

No discussion.

Action: Information only.

Follow-up/Resolution: Closed.

Closed Session

A brief break was taken prior to the start of Closed session; everyone was excused from the meeting except board members.

At 6:00 pm the board went into Closed Session of the NH+C Board pursuant to Minn. Stat. 144.581, subd.5

- Marketing: To discuss marketing activity related to the hospital's competitive position with other health care providers that offer similar services.

Adjourn

The meeting was adjourned at 7:25 p.m.

Action: A motion was made by Crystal Mulvihill and seconded by Jami Reister to adjourn the open meeting session. With board members participating virtually, a roll call was performed. Motion carried.

Follow-up/Resolution: Closed.