

Meeting Minutes Record

Meeting: Board of Directors - Hybrid: In-Person/Virtual Meeting

Date: November 20, 2025

Location: Meeting Room C

Start Time: 5:07pm

End Time: 7:37pm

Board Members Present: Michael Hemesath- Board Chair, Rick Estenson- Vice Chair, Sarah Carlsen, Rod Christensen, Katie Lane, Crystal Mulvihill, Jessica Peterson White, Jami Reister, Fred Rogers

Staff Present: Zander Abbott- CEO, Josh Salzman- COO, Jeff Meland- MD CMO, Jennifer Fischer- MD, Eric Guth- CFO, Lisa Bauer- CNE, Kelly Lee (Recorder)

Others Present: Ben Martig- City Administrator, Teresa Knoedler- Legal Counsel

Guests: Mayor Erica Zweifel, Anne Larson

Board Members Absent: None

Staff Absent: Eric Guth- CFO, Lisa Bauer- CNE, Betsy Spethman- Director of Community Relations

Others Absent: None

Call to Order and Approval of the Agenda

Board Chair, Michael Hemesath called the meeting to order at 5:07 p.m.

Meetings take place in hybrid format.

Items on the consent agenda (available on the portal):

- Meeting minutes (approve)
 - Board meeting (October 23, 2025)
- Committee Meeting minutes (accepted)
 - Budget & Finance (October 14, 2025)
 - Quality & Safety (October 15, 2025)
- Policies / Forms / Other (accepted)
 - EMTALA Policy

Action: Motion was made by Katie Lane and seconded by Fred Rogers to approve the agenda and consent agenda as presented. Motion carried.

Follow-up/Resolution: Closed.

Reports

Hospital Chief of Staff Report

Dr. Jennifer Fischer available for questions.

Action: Information only.

Follow-up/Resolution: Closed.

Approval of Applications for Medical Staff Membership/Privileges

The medical staff applications from the MEC Committee were presented for approval.

Appointments:

- 4398: Active, Family Medicine with OB
- 4399: Affiliate, OBGYN
- 3740: AH:I, Medical Oncology
- 4400: Telemedicine, Tele Neuro- PROXY Allina

Reappointments:

- 4118: Telemedicine, Teleradiology
- 4009: Affiliate, Pathology
- 3999: Affiliate, Pathology
- 4014: Telemedicine, Telepathology
- 4011: Telemedicine, Telepathology
- 4268: Affiliate, Cardiology
- 4269: Affiliate, Cardiology
- 4012: Telemedicine, Telepathology
- 4265: Active, Family Medicine with OB
- 4010: Affiliate, Pathology
- 4270: Affiliate, Cardiology
- 4007: AH:D, Orthopedics
- 4013: Telemedicine, Telepathology
- 4271: Affiliate, Cardiology
- 3660: Active, Family Medicine with OB
- 4016: Affiliate, Telepathology
- 4266: Affiliate, Cardiology
- 3415: Affiliate, Cardiology

Request for additional privileges:

- None.

Action: Motion was made by Sarah Carlsen and seconded by Crystal Mulvihill approved the medical staff files as presented. Roll call performed. Motion carried.

Follow-up/Resolution: Closed.

Presentations / Action Items

No presentations this month.

Action: Information only.

Follow-up/Resolution: Closed.

Executive and Committee Reports

CEO Report

Zander Abbott, CEO provided updates on the below:

- Zander provided a strategic priority update that gave current quarter reports on things such as financial performance, employee engagement, service line growth and quality and safety.
- He provided a brief recap of the great work being done at the board retreat. The board will be working on the 2026 Strategic Priorities, along with drafting a 5-year vision.

Action: Information only.

Follow-up/Resolution: Closed.

Financial Report

Eric Guth, CFO, presented the October financial report.

Key Drivers

- Surgeries were 12% under budget.
- Births were 62% over budget (84 births).
- Imaging procedures were 11% over budget.
- ED visits were 9% under budget.

Financial Outcomes:

- Operating loss of \$642K vs budgeted operating income of \$382K, shortfall of \$1M.
- Volumes rebounded.

- Discount rate unfavorable to budget.
- Bad debt unfavorable to budget.
- Expenses unfavorable to budget.

Action: Information only.

Follow-up/Resolution: Closed.

Governance & Planning Verbal Report

Michael Hemesath provided a verbal report on the most recent Governance & Planning Committee meeting.

Action: Information only.

Follow-up/Resolution: Closed.

Budget & Finance Committee Verbal Report

Fred Rogers provided a verbal report on the most recent Budget & Finance Committee meeting.

Action: Information only.

Follow-up/Resolution: Closed.

Roundtable, Announcements and Questions

- Shared MHA Winter Trustee meeting information
- The 2026 NH+C Board meeting calendar was shared.

Action: Information only.

Follow-up/Resolution: Closed.

Closed Session

A brief break was taken prior to the start of Closed session; everyone was excused from the meeting except board members.

At 6:12 pm the board went into Closed Session of the NH+C Board pursuant to Minn. Stat. 144.581, subd.5

- Marketing: To discuss marketing activity related to the hospitals competitive position with other health care providers that offer similar services.

Action: A motion was made by Crystal Mulvihill and seconded by Rod Christensen to move into Closed Session. Motion carried.

Follow-up/Resolution: Closed.

Adjourn

The meeting was adjourned at 7:37 p.m.

Action: A motion was made by Katie Lane and seconded by Rick Estenson to adjourn the open meeting session. Motion carried.

Follow-up/Resolution: Closed.