Meeting Minutes Record

Meeting: Board of Directors – Hybrid: In-Person/Virtual Meeting

Date: March 12, 2026

Location: Northfield Hospital, Meeting Room C

Start Time: 5:06 p.m.

End Time: 7:32 p.m.

Board Members Present: Michael Hemesath, Chair, Rick Estenson, Vice-Chair, Sarah Carlsen, Rod Christensen, Katie Lane, Crystal Mulvihill, Jessica Peterson White, Jamie Reister, Fred Rogers (virtual)

Staff Present: Zander Abbott- CEO, Josh Salzman- COO, Jeff Meland MD- CMO, Eric Guth- CFO, Lisa Bauer- CNE, Betsy Spethman- Director of Community Relations (virtual), Kelly Lee (Recorder)

Others Present: Teresa Knoedler- Legal Counsel

Guests: None

Board Members Absent: None

Staff Absent: Jennifer Fischer- MD

Others Absent: Ben Martig- City Administrator

Call to Order and Approval of the Agenda

Board Chair, Michael Hemesath called the meeting to order at 5:06 p.m.

Meetings take place in hybrid format. Board members that joined virtually were: Fred Rogers

Items on the consent agenda (available on the portal):

- Meeting minutes (approve)
  - Board meeting- (February 26, 2026)
- Committee Meeting minutes (accepted)
  - None
- Policies/Forms/other (accepted)
  - None

Action: Motion was made by Katie Lane and seconded by Jami Reister to approve the agenda and consent agenda as presented. Roll call was performed. Motion carried.

Follow-up/Resolution: Closed.

Reports

Hospital Chief of Staff Report

There were not any medical staff files for review this month.

Action: None

Follow-up/Resolution: Closed.

Approval of Applications for Medical Staff Membership/Privileges

There were not any medical staff applications from the MEC Committee to present this month.

Action: None

Follow-up/Resolution: Closed.

Presentations/Discussions/Action Items

2026 Strategic Priorities

The 2026 Strategic Priorities were included in the materials for review.

Action: Information only.

Follow-up/Resolution: Closed.

Executive and Committee Reports

CEO Report

Zander Abbott, CEO, provided updates on the following:

- Shared a patient family story speaking highly of the care their loved one received by the EMS and ED team.
- Gave kudos to Dean Anderson and his Pain management services provided to a pregnant mother that was experiencing nerve pain during her pregnancy that she wasn't receiving relief from after giving birth. With just one injection she had amazing results.
- Stroke survey completed and went well.
- Patient flow improvements are seeing great results.
- Employee survey results are in. Great participation.

Action: Information only.

Follow-up/Resolution: Closed.

Financial Report

Eric Guth, CFO, provided an update on the revenue cycle that is improving cash performance and patient experience.

Action: Information only.

Follow-up/Resolution: Closed.

Committee Verbal Reports

Katie Lane provided a verbal report on the most recent Quality & Safety Committee meeting.

Action: Information only.

Follow-up/Resolution: Closed.

Roundtable, Announcements and Questions

No comments.

Action: Information only.

Follow-up/Resolution: Closed.

Closed Session

A brief break was taken prior to the start of Closed session; everyone was excused from the meeting except board members.

- At 6:02 pm the board went into Closed Session of the NH+C Board pursuant to Minn. Stat. 144.581, subd.5 Marketing: To discuss marketing activity related to the hospitals competitive position with other health care providers that offer similar services and Minn. Stat. 13D.05. subd. 3(a) related to the CEO evaluation.

Action: Information only.

Follow-up/Resolution: Closed.

Adjourn

Meeting was adjourned at 7:32 p.m.

Action: A motion was made by Jami Reister and seconded by Crystal Mulvihill to adjourn the open meeting session. Roll call performed. Motion carried.

Follow-up/Resolution: Closed.