Northfield Hospital + Clinics

Meeting Minutes Record

Meeting: Board of Directors – Hybrid: In-Person/Virtual Meeting

Date: May 28, 2026

Location: Northfield Hospital, Meeting Room C

Start Time: 5:08 p.m.

End Time: 6:56 p.m.

Board Members Present: Michael Hemesath, Chair, Sarah Carlsen, Rod Christensen, Katie Lane, Crystal Mulvihill, Jessica Peterson White, Jamie Reister, Fred Rogers

Staff Present: Zander Abbott- CEO, Josh Salzman- COO, Jeff Meland MD- CMO, Jennifer Fischer-MD, Lisa Bauer- CNE, Betsy Spethman- Director of Community Relations (virtual), Kelly Lee (Recorder)

Others Present: Teresa Knoedler- Legal Counsel

Guests: None

Board Members Absent: Rick Estenson, Vice-Chair

Staff Absent: Eric Guth- CFO

Others Absent: Ben Martig- City Administrator

Call to Order and Approval of the Agenda

Board Chair, Michael Hemesath called the meeting to order at 5:05 p.m.

Meetings take place in hybrid format. Board members that joined virtually were: None

Following the board meeting, the board will move into closed session pursuant of Minn. Stat. 144.581, subd. 5: Marketing activity related to the Hospital's competitive position with other health care providers that offer similar services and Minn. Stat. 145.64, subd. 1(d)- confidentiality of records of a peer review organization.

Items on the consent agenda (available on the portal):

- Meeting minutes (approve)
  - Board meeting April 26, 2026
- Committee Meeting minutes (accepted)
  - Budget and Finance April 21, 2026
- Policies/Forms/other (accepted)

- Disaster Privileging Policy
- Confidentiality and Access Policy
- CNM Privilege Form
- CEO Evaluation-Closed Session Summary

Action: Motion was made by Kaite Lane and seconded by Crystal Mulvihill to approve the agenda and consent agenda as presented. Motion carried.

Follow-up/Resolution: Closed.

Reports

Hospital Chief of Staff Report

Dr. Fischer presented the medical staff files for approval.

Action: Information only.

Follow-up/Resolution: Closed.

Approval of Applications for Medical Staff Membership/Privileges

The medical staff applications from the MEC Committee were presented for approval.

Appointments:

- 4414: AH:I, Anesthesia
- 4415: AH:I, Anesthesia
- 4416: Affiliate, Maternal Fetal Medicine
- 4417: Telemedicine, Teleradiology
- 4418: Telemedicine, Teleradiology
- 4419: Active, Cardiology MHI
- 4420: Telemedicine, Cardiology MHI

Initial Appointments-Avel0CMS streamlined credentialling:

- 4421: Telemedicine, Behavioral Health

Reappointments:

- 3680: Telemedicine, Teleradiology
- 3958: Telemedicine, Teleradiology
- 3194: Affiliate, Otolaryngology
- 3726: Telemedicine, Teleradiology
- 3954: AH:I, Anesthesia
- 4292: Telemedicine, Teleradiology

- 4294: Telemedicine, Teleradiology

Action: Motion was made by Sarah Carlsen and seconded by Rod Christensen approved the medical staff files as presented. Motion carried.

Follow-up/Resolution: Closed.

Presentations/Discussions/Action Items

Nursing Services Update

Lisa Bauer, CNE, provides quarterly nursing services updates. This month she spoke to the board about the following:

- NH+C Wound Healing center is celebrating its 5th year anniversary.
- Dr. Kamboj is joining the Cancer Care team as an independent provider now as Mayo Health Systems has stopped providing care for the patients at NH+C. This is great news for those we care for here!

Also highlighted were EHR integration tools that will help patients determine eligibility, regulatory education and department skills days occurring, revamping of the RN preceptor program, new updates to PFAC h application and information processes and grievances and patient advocate is now rounding daily to support patients.

Action: Motion was made by Fred Rogers and seconded by Michael Hemesath accepts these Audit statements as presented. Motion carried.

Follow-up/Resolution: Present at the City Council meeting.

Executive and Committee Reports

CEO Report

Zander Abbott, CEO, reported on the following:

- Recent healthcare week festivities were well received by staff.
- We are in the process of applying to the Rural Health Transformation Program (RHTP).
- Provided a brief update on the City of Northfield Development (Cedar Meadows Residential Development) work that is currently underway near us and how it affects traffic coming to the hospital campus.
- Provided Q1 Strategic Priorities updates.

Action: Information only.

Follow-up/Resolution: Closed.

Financial Report

Andrew Soderlund, Controller, presented the financial report.

(April) Key Drivers:

- Births were 28% over budget.
- Imaging procedures were 11% above budget.
- CCIC procedures were 9% above budget.
- ED visits were on budget.
- Surgery cases were 19% below budget.

Financial Outcomes:

- Operating loss of $0.8M vs budgeted operating loss of $0.3M, unfavorable to budget by $0.5M.
- Most volumes on budget or better, except inpatient and surgery.
- Discount rate unfavorable to budget.
- Bad debt favorable to budget.
- Expenses unfavorable to budget.

Action: Information only.

Follow-up/Resolution: Closed.

Committee Verbal Reports

Verbal reports were provided from the most recent Governance and Planning and Community Relations Committee meetings.

Action: Information only.

Follow-up/Resolution: Closed.

Roundtable, Announcements and Questions

MHA Summer Trustee Conference information was shared with board members.

Action: Information only.

Follow-up/Resolution: Closed.

Closed Session

A brief break was taken prior to the start of Closed session; everyone was excused from the meeting except board members.

At 6:29 pm the board went into Closed Session of the NH+C Board the board pursuant of Minn. Stat. 144.581, subd. 5: Marketing activity related to the Hospital’s competitive position with other health care providers that offer similar services and Minn. Stat. 145.64, subd. 1(d)- confidentiality of records of a peer review organization.

Action: A motion was made by Katie Lane and seconded by Fred Rogers to move into Closed Session. Motion carried.

Follow-up/Resolution: Closed.

Adjourn

The meeting was adjourned at 6:56 p.m.

Action: A motion was made by Fred Rogers and seconded by Rod Christensen to adjourn the open meeting session. Motion carried.

Follow-up/Resolution: Closed.