

## Sewing Checklist for Cotton Masks

**Thank you for your time and talent to sew cotton masks for NH+C!**

**Your careful attention is important for clean, safe masks.**

**Please don't sew if you or anyone in your household has:**

- Fever
- Sore throat
- Cough
- New shortness of breath
- Nausea or Diarrhea
- Travelled outside of Minnesota in the last 14 days
- Had contact with someone with confirmed diagnosis/under investigation for COVID-19
- Worked in a health care setting with COVID-19 cases in the last 14 days

**Please follow these guidelines for cutting, sewing, and packing:**

- Use 100% cotton fabric (woven, not knit)
- Wash your fabric in HOT water before sewing
- Wear clean clothes free of smoke and pet dander
- Wash your hands with soap and water for 20 seconds or more, or used an alcohol-based hand sanitizer
- Clean your workspace thoroughly with hot soapy water or disinfectant
- Keep your work area free from allergens including smoke, perfume, pet fur
- Place finished masks in clear, sealed plastic bags in counts of 25

**Please use the Allina instructions [found here](#) or the CDC instructions [found here](#) for masks with elastic. No elastic? Please use Cotton Mask with Ties instructions [found here](#) instead.**

**Drop off:** Please put the finished masks in sealed plastic bags in counts of 25. Drop off masks *outside* Northfield Hospital's front entrance in the bin marked "Cotton Masks." Front desk staff does not accept any deliveries at this time. Please do not enter the hospital, or leave anything at the front desk.

Questions? Suggestions? Please e-mail us at [donations@northfieldhospital.org](mailto:donations@northfieldhospital.org)  
Our ability to field phone calls right now is very limited. We ask that instead of calling, you contact us via email.

**Find more information about donating face masks locally through [Northfield Shares](#).**

Thank you! Your help makes a big difference.