

PAP Cleaning and maintenance guide

	REPLACE	DAILY CLEANING	WEEKLY CLEANING	CAUTION
Masks and tubing	Every 3 months and nasal pillows monthly*	Wipe mask cushion with a clean damp cloth using warm, soapy water. We recommend: <ul style="list-style-type: none"> Ivory liquid soap or baby shampoo Do not use soaps with added scents Rinse thoroughly. Allow to air dry.	Hand wash components, tubing and headgear in warm soapy water. We recommend: <ul style="list-style-type: none"> Ivory liquid soap or baby shampoo Do not use soaps with added scents Rinse thoroughly. Allow to air dry.	Do not use solutions containing vinegar, bleach, chlorine, alcohol, aromatics, moisturizers, antibacterial agents or scented oils. These solutions may cause damage and reduce the life of the product. Do not expose accessories to direct sunlight, as it may deteriorate the product. If visible deterioration of accessories is apparent such as cracks, tears, etc. they should be discarded and replaced.
Humidifier chamber	Every 6 months*	Hand wash in warm soapy water. We recommend: <ul style="list-style-type: none"> Ivory liquid soap or baby shampoo Do not use soaps with added scents Rinse thoroughly. Allow to air dry.	After hand washing, soak in a solution of: <ul style="list-style-type: none"> 1 part white vinegar 3 parts hot tap water Rinse thoroughly. Allow to air dry. Resmed recommends 1 part vinegar to 10 parts water for 30 minutes. Fischer Paykel recommends 1 part vinegar to 2 parts water for 10 minutes.	Use only distilled water when operating your humidifier.
FILTERS				
Respironics machines	White filter: monthly* Gray filter: every six months*		Gray filter Hand wash in warm soapy water. We recommend: <ul style="list-style-type: none"> Ivory liquid soap or baby shampoo Do not use soaps with added scents Rinse thoroughly. Allow to air dry.	Never install wet filters
ResMed machines	Monthly, or as needed*			
Fischer Paykel machines	Monthly, or as needed*			

* Individual insurance plans determine the frequency at which replacement supplies are covered by insurance.