

Date: _____

Allergies: _____

Medications — Please list all of the medications you are taking, including any vitamins, herbal medicines and “over-the-counter” medications.

Name of Medication	Dose	Frequency

Medical History — Please check () if you have had any of the following conditions. None

- | | | | |
|--|--|---|---|
| <input type="checkbox"/> Cancer (type: _____) | <input type="checkbox"/> Stroke | <input type="checkbox"/> Bowel or G.I. disorder | <input type="checkbox"/> Osteoporosis or Osteopenia |
| <input type="checkbox"/> Breast biopsy | <input type="checkbox"/> D.V.T. or P.E. | <input type="checkbox"/> G.E.R.D. | <input type="checkbox"/> Glaucoma or eye problems |
| <input type="checkbox"/> Heart attack | <input type="checkbox"/> Bleeding or clotting disorder | <input type="checkbox"/> Liver disease or hepatitis | <input type="checkbox"/> Migraines |
| <input type="checkbox"/> Heart surgery | <input type="checkbox"/> Anemia | <input type="checkbox"/> Kidney disease | <input type="checkbox"/> Seizure disorder |
| <input type="checkbox"/> Heart murmur | <input type="checkbox"/> Asthma | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Depression or mental illness |
| <input type="checkbox"/> Hypertension | <input type="checkbox"/> Lung disease | <input type="checkbox"/> Thyroid disease | |
| <input type="checkbox"/> Other: _____ | | | |

Obstetric and Gynecologic History

Total # of pregnancies: _____ # of vaginal deliveries: _____ # of C-sections: _____

of children: _____ # of miscarriages: _____ # of abortions: _____

of adopted: _____

Are you in menopause? Yes No If no, please complete the following

Date of last menstrual period: _____ # of days between cycles (first day of one to the first day of the next): _____

Length of flow: _____

Date of last Pap Smear: _____ Have you had any abnormal Pap Smears? Yes No If yes, when? _____

Are you currently sexually active? Yes No Total number of partners in your lifetime: 0 1-5 6-10 >10

My partner(s) is(are): Male Female Both

Have you ever had a sexually transmitted infection or pelvic inflammatory disease? Yes No

If yes, which one(s): _____

List any gynecologic procedures or surgeries that you have had: _____

Method of Birth Control

- | | | | |
|--|---|---|--|
| <input type="checkbox"/> Birth control - pill | <input type="checkbox"/> Condoms | <input type="checkbox"/> Implant / Implanon | <input type="checkbox"/> Sponge / spermicide |
| <input type="checkbox"/> Birth control - patch | <input type="checkbox"/> Diaphragm / cap / shield | <input type="checkbox"/> I.U.D. | <input type="checkbox"/> Tubal sterilization |
| <input type="checkbox"/> Birth control - ring | <input type="checkbox"/> Depo Provera | <input type="checkbox"/> Vasectomy | <input type="checkbox"/> Natural family planning |
| <input type="checkbox"/> None | <input type="checkbox"/> Other: _____ | | |

(continued, over...)

Immunizations: _____

Please check (☐) if you have any of the following:

- | | | |
|---|--|--|
| <input type="checkbox"/> Irregular or heavy periods | <input type="checkbox"/> Painful periods | <input type="checkbox"/> Leakage of urine |
| <input type="checkbox"/> Leakage of gas or stool | <input type="checkbox"/> Pain or bleeding with intercourse | <input type="checkbox"/> Breast lump, pain, or discharge |
| <input type="checkbox"/> Pain with urination | <input type="checkbox"/> Problems with sexual function | <input type="checkbox"/> Symptoms of depression |

Surgical History

Please list all the surgeries you have had, including the dates: _____

Social History

Occupation: _____

Are you? Married Single Divorced Widowed Separated Significant other Other: _____

Highest level of education:

- College High School G.E.D. Other: _____

Do you smoke? Yes No If yes, how many cigarettes per day and for how long? _____

Do you drink? Yes No If yes, the number of drinks per day: _____

Have you ever used any recreational drug? Yes No If yes, which one(s) and when? _____

Do you get regular exercise Yes No If yes, how often? _____

Do you have any dietary restrictions? Yes No If yes, what restrictions? _____

Do you feel safe at home? Yes No

Do you want to discuss abuse? Yes No

Family Medical History

Condition	Father	Mother	Sibling	Maternal Grandfather/ Grandmother	Paternal Grandfather/ Grandmother	Child
Diabetes						
Stroke						
Heart disease						
High cholesterol						
High blood pressure						
Bleeding disorders						
D.V.T. / P.E.						
Breast cancer						
Ovarian cancer						
Uterine cancer						
Colon cancer						
Other cancer (specify type)						
Osteoporosis						
Depression / mental illness						
Drug / alcohol dependence						
Other health problems						