



# A full range of services for **women of all ages**

As a woman, your body goes through significant changes during your lifetime, and that means your health needs change too.

The Women's Health Center provides you with services for every stage of your life.

Using the best evidence-based medicine, we help you understand all your options so you can make the health decisions that work best for you.

## Gynecology Services

- Annual health maintenance exams
- Routine gynecologic care
- Contraception options
- Permanent birth control (laparoscopic; no incision)
- Colposcopy and treatment of abnormal Pap smears
- Menopause and perimenopause counseling and treatment
- Gynecologic surgery (including minimally invasive procedures)
- Evaluation and treatment of:
  - Sexually transmitted diseases
  - Urinary incontinence
  - Irregular or heavy periods
  - Uterine fibroids
  - Pelvic pain
  - Pelvic organ prolapse

## Obstetric Services

- Pregnancy care and delivery
- Cesarean section
- High-risk pregnancy care
- Maternal-fetal medicine consultation
- Infertility evaluation and treatment
- Preconception counseling, especially for high-risk patients
- Recurrent miscarriages/pregnancy loss counseling, evaluation, treatment

## Other Services

- Ultrasound (gynecologic and obstetric)
- Women's physical therapy and rehabilitation
- Breast Care Center
- Nutrition counseling
- Birth Center
- Digital mammography and breast ultrasound
- Breast MRI

## Now taking appointments at these locations:

Women's Health Center - Northfield  
Lakeville Clinic  
Farmington Clinic

**(507) 646-1478**

*To request appointments online, or to send a message to your provider, go to [www.northfieldhospital.org](http://www.northfieldhospital.org) and click on the MyHealth Info icon.*



**Evening Hours  
in Northfield**

Monday & Tuesday  
8 a.m. - 8 p.m.